

NUTRITION COUNSELING



\$30 Kickoff Package!*

30-minute appointment
+ 30-minute follow-up session

- » Review your goals
- » Set food plan
- » Discuss next steps

*\$60 Non-Members

Appointment Costs after Kickoff Package

30-Minute Sessions/Packages

	Member	Non-Member
1 session	\$25	\$50
3 sessions	\$75	\$150
5 sessions	\$110	\$220

60-Minute Sessions/Packages

	Member	Non-Member
1 session	\$45	\$90
3 sessions	\$135	\$270
5 sessions	\$200	\$400

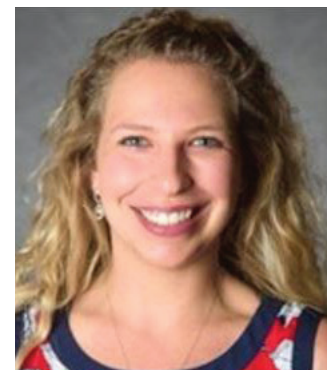
Let our experts help you have a better relationship with food!



CHRIS: A Registered Dietitian with over 15 years experience including sports nutrition, gestational diabetes, geriatric nutrition, acute rehabilitation and end-of-life/hospice care.



JODI: A Registered Dietitian with 20+ years of clinical nutrition experience. Extensive knowledge in sports nutrition, weight management, heart healthy diets, diabetic diets and other clinically prescribed diets including digestive related nutritional problems.



LESLIE: A Registered Dietitian that graduated from Eastern Kentucky University. Background in client education focused on nutrition fundamentals and diabetes/diabetes prevention.

CONTACT Erik Mann to schedule your initial appointment:
502.452.7970, erik.mann@geappliances.com
Appointments will be set within 48 business hours.

**ALL SESSIONS
WILL BE HELD
VIRTUALLY**